



Jim Cowan

September 24, 1956 - May 25, 2021

James Robert Cowan was born in Fayetteville, Arkansas on September 24, 1956 to James K. and Mona L. (Patrick) Cowan. He passed on Tuesday, May 25, 2021 in Broken Arrow, Oklahoma at the age of 64.

Jim lived in Fayetteville, AR., in his early childhood years, before moving to Pittsburg, KS., where he was a high school graduate. He continued his education at Pittsburg State University in Pittsburg, KS., obtaining an EFT-Respiratory Therapy Associate Degree. Vocationally he worked for the Mazzio's Corporation for 40 years, serving in a variety of management roles. He ended his career as Director of Supply Chain and Culinary Research. One of his greatest accomplishments was the development of 'Mazzio's Calzone'. He loved the Mazzio's organization and the Ken Selby family. He appreciated their support throughout his 16-year journey with cancer. Jim had an "award winning" chili recipe. He loved to cook and it showed in his career achievements.

When it came to sports, Jim was an avid football fan, participating in the infamous "Fantasy Football" leagues with his family. He also had season tickets for his favorite team, University of Arkansas Razorbacks, but was known to cheer for Tulsa University as well. Jim was a faithful member of Kirk of the Hills Church. He loved his church family and it was expressed in his many expressions of faith and servanthood. He seldom missed a Sunday service at the contemporary worship and Wednesday morning bible study. As Jim grew in his faith, he took on leadership responsibilities first serving as a

greeter and then eventually became the deacon over the entire hospitality ministry of the church for two three-year terms. A post he occupied until he went home to be with his Lord. He was also a leader of the Divorce Care ministry for many years - using his own experience as a means to help others to heal and trusting in the LORD. Even as he suffered with cancer, Jim was always first to the church and waiting in his scooter at the doors to greet people and make sure everything was prepared for God's people to worship. Jim is now serving in that Heavenly Temple in the very presence of his LORD Jesus Christ.

To carry on his legacy of love, Jim is survived by, Sons, Matthew G. Cowan and James C. Cowan both of Broken Arrow, OK., and his amazing granddaughters, who were the joys of his life, Makayla Cowan and Taylor Cowan, both of Broken Arrow. Jim was number four of five siblings, survived by, Rick Cowan (wife Sandy), Don Cowan (wife Cheryl) Debi Hunt (husband Richard) and Lisa Premo (husband Mark), and twelve nephews and nieces. He was preceded in death by his parents.

Jim was a dynamic servant of God, who cared more about others than he did himself. He will forever live-on in our hearts and lives, as one who was faithful to the end. He is very loved and will truly be missed.

In lieu of flowers, the family would like to encourage you to give gifts of love to the Kirk of the Hills Church for their Divorce Care ministry and other ministry programming for meeting the needs of others.

The Life Celebration service for Jim will be Friday June 4th at 1:30 PM at Kirk of the Hills Church in Tulsa, OK. A family graveside service will be June 5th at Savoy, Arkansas.

Previous Events

Memorial Service

JUN 4. 1:30 PM (CT)

Kirk of The Hills
4102 E. 61st Street
Tulsa, OK 74136

Tribute Wall



“ *Jim Cowan*

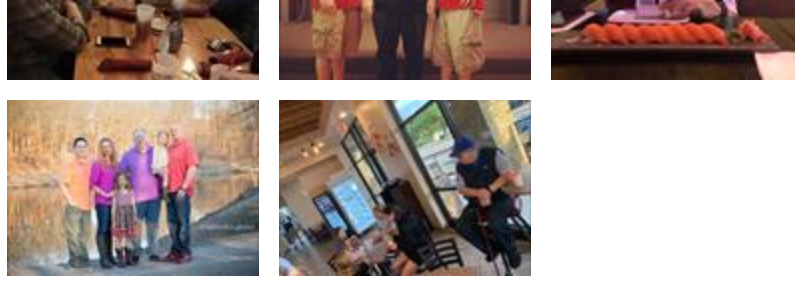
October 23, 2023 at 01:21 AM



Matthew
Cowan

“ Here are just a few Memories of the greatest man I know. Growing up I never used to get along with him. As I became a teenager I quickly realized I was more like him than I ever wanted to be and it used to make me angry. It was until Jesus slapped me in the face and gave me the wake up call I needed and he blessed me with the most amazing woman I've ever had who taught me what real love is and she made me the luckiest man alive and carried Two amazing daughters. Not only with that she has a son whose older and takes great care of his sisters by leading by example. My dad was extremely happy because she gave him 2 grand daughters and a grandson. See he Learned having us boys that girls are what he needed and he prayed and prayed for them and got them. I wouldn't trade them for any boys. They have been the sassy Cowan girls that everyone needs in rough t times and Papa sure spoiled them. They were his world. I knew my dad inside the home as I watched him battle cancer for many many years. It wasn't until the last 6 years as I went through a divorce that I got the opportunity to move in and care for my day and i learned more and more from him each day what faith filled Christian walk was supposed to look like. I just wanted to be the dad he was to me. Just a 1/4 of the man of God he was. This is the time I realized we are alike and it's not a bad thing. It's a blessing. He's a strong faith filled man who guaranteed to speak to your heart. He was also the most loving and forgiving man I know. I was actually born on Father's Day 40 years ago June 20 1981 and this year my birthday falls on fathers day. I'm truly going to miss him this year and I know he's healed and pain free. But so also know he's with me. I can feel him push me in the direction to continue his legacy. It's a blessing that I got to be his son. I just want to make him proud and lead by example. It's all the stories I hear and read from each of your posts that encourage me more and more and make me proud to know that he was not only impacting people at home but at work and church and the community as well. Love you dad! Miss you and praying you push them Hogs for a big W championship this year. Love you!





Matthew Cowan - June 15, 2021 at 02:28 AM

LV

“ *Love and Sympathy Joe and Stacy Vanderhoof purchased the Peaceful White Lilies Basket for the family of Jim Cowan.*



Love and Sympathy Joe and Stacy Vanderhoof - June 04, 2021 at 06:06 AM

JH

“ *Jim Cowan was a hero to so many people, me included. I had the pleasure to know Jim for the past 20 years and to enjoy his wonderful attitude and spirit. His kindness, his generosity, his servants heart, his leadership, all wonderful qualities that were on display every day of his life. But even more impactful to hundreds and hundreds of people, some of whom he did not know, was his faith. He wrote about it often, he posted great and encouraging messages in social media, he spoke about it almost every time I was with him. He was a mentor to all of us - he didn't ask for that role, he didn't even know that he was a mentor, but he was - he leaves behind for all of us the challenge to share our faith and to live it out each and every day. Thank you J.C. for sharing your giant heart and your strong faith with all of us. The angels rejoice and Jim is free of pain and suffering, and in the presence of the Living God. See you in heaven Jim. - Jim Holder*

Jim Holder - June 03, 2021 at 03:19 PM



“ *Divine Peace Bouquet was purchased for the family of Jim Cowan.*



June 03, 2021 at 02:46 PM



“ *Janie Anderson purchased the Country Basket Blooms for the family of Jim Cowan.*



Janie Anderson - June 02, 2021 at 12:33 PM



“ *RICK RENO, DAVID MOLET AND BUDDYS PRODUCE purchased the Divine Peace Bouquet for the family of Jim Cowan.*



RICK RENO, DAVID MOLET AND BUDDYS PRODUCE - May 31, 2021 at 11:50 AM



“ *Gracious Lavender Basket was purchased for the family of Jim Cowan.*



May 30, 2021 at 08:47 PM



“ *Fairest of All was purchased for the family of Jim Cowan.*



May 30, 2021 at 08:37 PM



“ *I have so many good memories of eating his famous chili and world class gumbo and not to mention his grilled steak that no one else could beat . He always treated me like family and never hesitated to open his home to me. He was a man to respect and look up to. He takes a special place in my heart and in 25 years of memories that were made as I've shared brotherly friendships with his two sons. He was and is a man to admire and I'm blessed to have known him.*

Brian Epperson , wife and children - May 30, 2021 at 02:48 AM



“ *Brian Epperson , Wife And Children lit a candle in memory of Jim Cowan*



Brian Epperson , wife and children - May 30, 2021 at 02:31 AM



“ Here is a throw back picture from 1978 back in Jim’s EMT/Ambulance days and Respiratory Therapy days @ Mt Carmel.



Don Cowan - May 28, 2021 at 01:20 PM

GN

I remember that jacket, hair and stash. He was so cool.

Gabriel Craker Novak - May 29, 2021 at 01:44 AM

DC

“ 1 file added to the tribute wall



don cowan - May 28, 2021 at 12:53 PM

DP

“ Jim was one of Mazzio’s most dedicated, hardworking and loyal employees. He contributed so much to the company’s success and was greatly appreciated by co-workers and franchisees. However, he was an even better friend and father.

All of us were inspired by his courage, strength and faith as he bravely battled his illness.

You will be missed. You will be remembered.

Dave Poth

David Poth - May 27, 2021 at 01:25 PM

SC

“ I could not have asked for a better boss and mentor. I learned so much from Jim and had so many fun and hilarious times with him. I still chuckle at some of the silly things that happened in the test kitchen and on our many road trips to Razorback sports events. There has never been a kinder, more generous man than Jim and I always think of him with great affection. He was truly one of a kind. Hugs of comfort to his family who must miss him terribly. Thank you for being part of my life. Rest In Peace, friend.

Stephanie Crouch - May 26, 2021 at 07:42 PM

EH

“Dido” on Stephanie’s sentiments! We all loved working for Jim and couldn’t have asked for a kinder and more empowering boss. The world will be less “noodlier” with out you Jim. Thank you Jim for all the great times and deepest sympathy to your family! Ellen

Ellen Hayes - May 26, 2021 at 09:23 PM

JK

“ I grieve the loss of my best friend, but I find solace in knowing you are with your Lord and Savior, Jesus Christ, and God, our Heavenly Father. While I miss you dearly, I am glad you are pain free and at peace with the Angels in Heaven. I will cherish the memories of the good times we had. I’ll see you on the other side.

John Kidwell - May 26, 2021 at 06:10 PM

DC

Thanks John for being such a great friend to Jim and the family. You are appreciated.

don cowan - May 28, 2021 at 12:55 PM

HH

“ *It is our honor and privilege to serve the Cowan family and to provide this permanent tribute website in memory of Jim.*



Hayhurst Funeral Home - May 25, 2021 at 08:47 AM